

DENTAL DAY SURGERY INFORMATION – DR. TERRY FARQUHAR

PLEASE READ THIS INFORMATION CAREFULLY AND BRING THIS WITH YOU TO THE HOSPITAL ON THE DAY OF SURGERY, if you have any questions, please contact Dr. Farquhar’s office (250) 763 5101. Please ensure that our office has your current address and telephone number and that you have valid Medical Service Plan coverage (MSP – BC Medical Coverage). You will be billed by hospital for anesthesia and hospital costs if you do not have MSP coverage.

Dr. Farquhar has recommended that your child receive dental treatment under general anesthetic at the Summerland Health Centre. He or she will be admitted to the Health Centre on a specific day, have their dental treatment completed, and return home the same day.

Dr. Farquhar’s office will arrange the date and time for your child’s surgery and will advise you 1 week prior to your surgery date regarding your arrival time to the Health Centre. Please call the office (250) 763 5101 if you do not receive an arrival time within that time frame.

PREPARATION FOR DENTAL SURGERY

****IMPORTANT****

- Children having surgery require a doctor’s physical examination before surgery. Our office will give you a form to take to your doctor.
- Make an appointment with a family doctor in your community a **minimum of 6 weeks** before the surgery date. This examination is to be completed and submitted by the doctor’s office via fax to Dr. Farquhar’s office [FAX (250) 763 5131] a **minimum of 6 weeks** prior to the date of surgery.
- NOTE: If you have chosen to be on a short notice/cancellation list, you **MUST** have the physical examination completed and submitted to Dr. Farquhar’s office (FAX listed above) **BEFORE** you will be placed on the list.
*****If your child has developed a cold or any symptoms of new illness just prior to the surgery date, please phone your dentist’s office.***

EATING/DRINKING GUIDELINES

****IMPORTANT****

- No **SOLID FOOD** after midnight the night before surgery. **MILK PRODUCTS** are considered solid food. No chewing gum or candy.
- No **BREAST MILK** or **FORMULA** for 6 hours prior to your arrival time.
- Maximum 6 **OUNCES** of **CLEAR FLUIDS** (e.g.: water, clear apple juice) may be given up to 4 hours prior to arrival time.
- **NOTHING BY MOUTH 4 hours before arrival time, or the surgery WILL BE CANCELLED.**
- Special arrangements will be made for individuals with special needs (e.g.: diabetes).
- If your child is taking prescription medication, please review procedure for day of surgery with your family doctor or dentist. Medication must not interfere with feeding guidelines (must be taken with sip of water, not yogurt etc.)

ON THE DAY OF SURGERY

- **COMFORT** - Remove body piercings/earrings and cosmetics. Wear loose, comfortable clothing. Children will be required to change into provided PJs. Bring a blanket/toy/books for your child's comfort and security
- **ARRIVAL** - The time you are asked to arrive at Summerland Health Centre is approximately 90 minutes before the actual surgical time. This allows for pre-operative assessment and pre-medication if necessary.
- **DURATION** – You will be at Summerland Health Centre until your child has met discharge criteria, approximately 4-5 hours (average); your child will be closely monitored throughout this time. If you plan to leave during this time, please speak with nurse upon admission regarding your return time, and provide an active contact number.
- **TRAVEL** - Two responsible adults should accompany the child home from the hospital if you are travelling in a private vehicle.
- **SIBLINGS** - It is appreciated if every effort is made to find alternative child care arrangements for siblings to avoid them accompanying you on the day of surgery.

AFTER SURGERY

- **POST-OPERATIVE** - Dr. Farquhar will speak with you immediately following surgery to review treatment completed and discuss postoperative instructions. Treatment needs may be more, or less, than anticipated pre-operatively. You will be advised by Dr. Farquhar's administrative team if treatment costs have changed.
- **DURATION** - Your child will be recovering from the surgery for approximately 60-90 minutes after leaving the operating room.
- **SAFETY**
 - A responsible adult must be available to stay with your child for 24 hours following surgery.
 - Your child may be temporarily disoriented and unhappy immediately after surgery.
 - After general anesthetic, children may be uncoordinated and clumsy for a few hours and should avoid physical or boisterous play during this time.
- **DIET**
 - When you leave Summerland Health Centre, your child will have shown that they can tolerate oral fluids to meet discharge criteria. Clear fluids include water, apple juice, jello, popsicles. We recommend continuing with fluids until you return home.
 - Soft foods are recommended (rice, pasta, eggs, soup) once you return home.

If you have any post-operative concerns, please call Dr. Farquhar's office (250) 763 5101, or cell (250) 212 3667, or your family doctor's office.